



2<sup>nd</sup> Biennial International Conference  
**Clarks Exotica (ALDOVIA Convention  
 Resort & Spa ) | Bengaluru, India**

Dates :  
 Pre- Conference ( CME ) | Nov 26<sup>th</sup>, 2026  
 Conference | Nov 27<sup>th</sup> - 28<sup>th</sup>, 2026

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 BSLMS 2.0 conference



**BSLMS SECRETARIAT**  
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 Secretariat@bslms.com

Event organiser: Hospitality:

Terms & Conditions: Refer to [www.bslms.com/international-participation/terms-conditions](http://www.bslms.com/international-participation/terms-conditions)



Jointly Hosted By



# Namaste Welcome Note

Dear Colleagues,

It is with great pleasure that we welcome you to **BSLMS 2.0 – the 2nd Biennial International Conference of the Bharat Society of Laser Medicine and Surgery.**

BSLMS was established to create a dedicated academic platform that promotes structured learning, responsible innovation, and clinical excellence in laser, energy-based, rejuvenative, and regenerative medicine. Building upon the success of our inaugural edition, BSLMS 2.0 has been thoughtfully designed to further strengthen scientific dialogue and practical engagement within the specialty.

This conference aims to provide a meaningful learning environment where evidence-based science meets real-world clinical practice. Through carefully curated sessions, expert-led discussions, and interactive exchanges, we aspire to foster collaboration and elevate standards of care.

We look forward to welcoming you to Bengaluru for an enriching academic experience.

Warm regards,

On behalf of the BSLMS Organizing Committee

**DR. ARUN C INAMADAR**  
Organizing Chair

**DR. SALIM T.  
DR. SANJEEV J. AURANGABADKAR**  
Organizing Co-Chair

**DR. SHEHNAZ ARSIWALA  
DR. SWAPNIL SHAH**  
Scientific Chair

**DR. B S CHANDRASHEKAR**  
Secretary General

**DR. MADURA C**  
Scientific Co-chair

**DR. CHAITHRA SHENOY**  
Scientific Secretary



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## WHY ATTEND BSLMS 2.0?

BSLMS 2.0 offers a comprehensive academic experience tailored for Dermatologists who are committed to advancing procedural medicine with scientific rigor and ethical responsibility.

By attending BSLMS 2.0, you will gain:

- In-depth, evidence-based scientific sessions
- Insights into evolving laser and energy-based technologies
- Updates on rejuvenative and regenerative therapies
- Practical discussions on safety, protocols, and patient outcomes
- Opportunities for peer interaction and knowledge exchange
- Exposure to innovation within a structured academic framework

The program has been curated to ensure clinical relevance and practical applicability, empowering delegates to integrate learning into everyday practice.

## WHO SHOULD ATTEND?

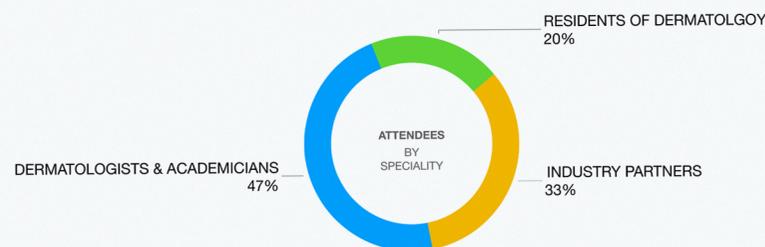
BSLMS 2.0 is designed for medical professionals engaged in procedural dermatology and technology-driven practice.

This conference is ideal for:

-  Dermatologists practicing laser and energy-based procedures.
-  Residents of Dermatology seeking advanced academic exposure.
-  Early-career Dermatologists aiming to enhance clinical competence.

## WHO ATTENDED BSLMS 2025

Sheraton | Bengaluru , India



# INDIA'S DERMATOLOGY & LASER MARKET

A High-Growth Opportunity for Global Innovation

## INDIA AT A GLANCE

-  1.43 Billion Population
-  Median Age: 28 Years
-  38% Urban & Rapidly Growing
-  15-18% CAGR in Dermatology & Aesthetics

## UNMATCHED PATIENT VOLUME

- Over 65% of the population under 35
- Rising demand for:
  - i. Acne & scar treatments
  - ii. Pigmentation & hair disorders
  - iii. Body shaping and Face lift
  - iv. Preventive & aesthetic dermatology
  - v. Shift from Routine dermatology practices → luxury asthetics

## DERMATOLOGY WORKFORCE IN INDIA

Clinician Density Gap

Metric	India	US + Europe
Dermatologists	20,000 - 22,000	~45,000+
Ratio	1 : 65,000 - 70,000	1 : 10,000 - 15,000

High patient load + high clinician autonomy

## EARLY-STAGE TECHNOLOGY ADOPTION

-  4,000-6,000 laser users nationwide
-  <30% penetration among dermatologists
-  Most clinics operate 1-2 laser devices
-  High demand for versatile, multi-platform systems

# BSLMS 2.0 REGISTRATION MODULE

CME + CONFERENCE + WORKSHOPS | NOV 26 TO 28, 2026

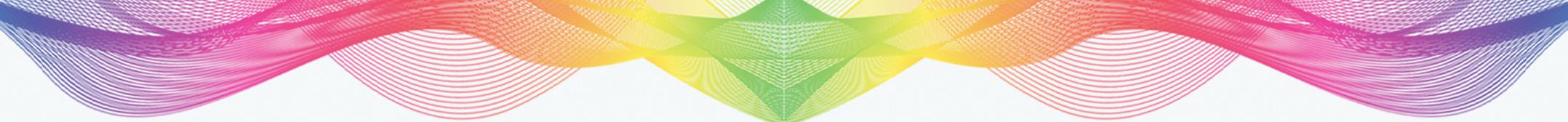
CME + Conference(CON) + Workshop(WS) 26th to 28 November 2026	Indian Delegate	SAARC Delegate	International Delegate
On or before 30th April 2026	₹ 20,499/- (CME=₹4,999 + CON+WS=15,500)	\$ 310 (CME=\$60 + CON+WS=\$250)	\$ 430 (CME=\$80 + CON+WS=\$350)
May 1st - May 31st, 2026	₹ 24,999/- (CME=₹4,999 + CON+WS=20,000)	\$ 420 (CME=\$60 + CON+WS=\$360)	\$ 510 (CME=\$80 + CON+WS=\$430)
June 1st - July 30th, 2026	₹ 28,999/- (CME=₹6,999 + CON+WS=22,000)	\$ 470 (CME=\$80 + CON+WS=\$390)	\$ 560 (CME=\$100 + CON+WS=\$460)
August 1st - September 30th, 2026	₹ 30,999/- (CME=₹6,999 + CON+WS=24,000)	\$ 500 (CME=\$80 + CON+WS=\$420)	\$ 590 (CME=\$100 + CON+WS=\$490)
Post Oct 1st, 2026	₹ 34,999/- (CME=₹6,999 + CON+WS=28,000)	\$ 530 (CME=\$80 + CON+WS=\$450)	\$ 620 (CME=\$100 + CON+WS=\$520)

- **18% GST applicable** on the above mentioned prices.
- CME cannot be purchased separately.
- Includes : Buffet Lunch + Buffet Dinner on 26,27 & 28 Nov 2026

## CONFERENCE + WORKSHOPS | NOV 27-28, 2026

Conference + Workshop   Nov 27 - 28, 2026	Indian Delegate	SAARC Delegate	International Delegate
On or before 30th April 2026	INR 15,500	USD 250	USD 350
May 1st - May 31st, 2026	INR 20,000	USD 360	USD 430
June 1st - July 30th, 2026	INR 22,000	USD 390	USD 460
August 1st - September 30th, 2026	INR 24,000	USD 420	USD 490
Post Oct 1st, 2026	INR 28,000	USD 450	USD 520

- **18% GST applicable** on the above mentioned prices.
- Does not include CME.
- Includes : Buffet Lunch + Buffet Dinner on Nov 27 & 28, 2026.
- Includes Conference and all Workshops.



**BSLMS 2.0: SCIENTIFIC PROGRAM OUTLINE**  
**PRE-CONFERENCE CME**  
**26 Nov 2026 (Thursday) Time: 2:30 PM – 7:30 PM**

- 1. Foundations & Practical Intelligence**  
Overview of laser & energy-based dermatology concepts and applications.
- 2. Laser Physics Simplified**  
Chromophores, wavelengths, fluence, pulse width, spot size, thermal relaxation time, and differences in Indian skin.
- 3. Energy-Based Device–Skin Interactions**  
Core principles of how lasers and light-based devices interact with skin tissues.
- 4. Parameter Intelligence**  
Choosing the right fluence, pulse duration, and spot size; technology strategies and avoiding common parameter errors.
- 5. Everyday Pigment Problems**  
Q-switched vs. picosecond lasers, beginner-friendly settings, and contraindications for treating pigment issues.
- 6. Acne & Vascular Lasers**  
Wavelength selection for acne and vascular lesions; safe starter parameters and technique tips.
- 7. Laser Hair Reduction**  
Diode, Alexandrite, Nd:YAG, IPL and multi-wavelength systems; pulse duration and fluence safety for effective hair removal.
- 8. Fractional Lasers**  
CO<sub>2</sub>, Er:YAG, and fractional picosecond lasers; balancing treatment density vs. energy and preventing post-inflammatory hyperpigmentation (PIH).
- 9. Combination Therapy**  
Integrating lasers with chemical peels, regenerative medicine, microneedling (MNRF) and delivery devices for enhanced results.
- 10. Managing Complications**  
Early recognition and management of burns, scars (acne, burn, surgical), PIH, and linear hyperpigmentation (“stripe marks”).
- 11. Energy-Based Devices (Non-Laser)**  
Radiofrequency (RF), High-Intensity Focused Ultrasound (HIFU), cryolipolysis, electromagnetic muscle stimulation (EMS) – clinical indications, safety, and clinic setup.
- 12. Regenerative therapies:**  
PRP/PRF, polynucleotides (PDRN), exosomes and biostimulators
- 13. BSLMS Starter Kit**  
Ready-to-use protocols, safety guidelines, consent templates, and checklists to implement learnings in your practice.

**BSLMS 2.0: SCIENTIFIC PROGRAM OUTLINE**  
**CONFERENCE**  
**LASER, EBD AND REGENERATIVE THERAPIES MASTERY PROGRAM**  
**27–28 Nov 2026 (Friday & Saturday) Time: 9:00AM - 1:00PM**

- 1. Laser Foundations & Clinical Mastery**  
Fluence (energy density) vs. total energy; pulse duration & thermal relaxation time; spot size & penetration depth; cooling systems; treatment endpoint recognition; test-spot strategy.
- 2. Laser Hair Reduction Masterclass**  
Device selection for Indian skin; preventing paradoxical hypertrichosis; facial hair in PCOS; burns & PIH management; real-world multi-wavelength protocol templates.
- 3. Melasma, PIH & LPP Strategies**  
Dermoscopy-based classification of melasma; when NOT to laser melasma; Q-switched and picosecond laser protocols; combination therapies (peels, microneedling, etc.); preventing rebound pigmentation.
- 4. Tattoo & Benign Pigment Lesions**  
Wavelength selection for various tattoo inks and lesions; cosmetic tattoo removal pitfalls; test-spot protocols; PIH prevention strategies.
- 5. Laser Resurfacing & Scar Management**  
Ablative vs. non-ablative and fractional lasers (CO<sub>2</sub>, Er:YAG, 1064/1540/1550 nm, fractional MTZ principles); acne scar treatment strategies (scar typing, laser selection, density vs. energy); fractional CO<sub>2</sub> remodeling for burns and surgical scars; full-face resurfacing (photoaging) in skin of color; PIH prevention and complication management.
- 6. Energy-Based & Combination Therapies**  
HIFU facial contouring (SMAS anatomy, nerve injury avoidance); RF microneedling (depth control); body contouring technologies (tailored for fat reduction, skin laxity or muscle toning); FMS/EMS muscle stimulation beyond fat; combining HIFU and RF for enhanced results.
- 7. Regenerative Therapies**  
Standardization and future of skin and hair regeneration, evidences, protocols and challenges of using PDRN, exosomes, stem cells, autologous micrograft suspension and biostimulators
- 8. Complication Panel**  
Managing PIH and hypopigmentation; recognizing and treating laser injuries; ocular safety considerations; herpes reactivation risk; essential consent pearls.
- 9. Building Your Laser Practice**  
Equipment & device selection; staff training; photography and documentation; patient consultation and consent; practical protocols and practice-ready guidance.

## BSLMS 2.0: SCIENTIFIC PROGRAM OUTLINE

### LIVE WORKSHOPS - ADVANCED LASER & EBD

27–28 Nov 2026 (Friday & Saturday) Time: 2:30PM - 6:30PM

- Workshop 1 – Laser Hair Removal**  
 Precision parameters for challenging areas; Alexandrite vs. Diode vs. Nd:YAG vs. IPL vs. multi-wavelength selection; safe fluence escalation for Fitzpatrick IV–V; PCOS and male hair protocols; burn prevention.
- Workshop 2 – Benign Pigment, LPP, Melasma & Tattoo**  
 Q-switched vs. picosecond lasers– real-world comparison; toning protocols and pitfalls; PIH prevention techniques; test-spot strategies; when to stop laser treatments.
- Workshop 3 – Acne Scars, Keloid & Fractional Technologies**  
 Fractional CO<sub>2</sub> vs. Er:YAG – choosing the right modality; RF microneedling depth decision-making; combining with subcision; scar grading based treatment planning; avoiding PIH.
- Workshop 4 – HIFU Body Contouring & Skin Tightening**  
 SMAS mapping for facial contouring; preventing nerve injury; managing fat-loss complications; patient selection for HIFU; combining HIFU + RF; FMS/EMS indications; RF body-tightening techniques.
- Workshop 5 – Vascular & IPL (Redness Without Risk)**  
 Recognizing treatment endpoints; purpura management and cooling; combining laser & IPL technologies; complication prevention in treating vascular lesions and erythema.
- WORKSOP 6 - Regenerative Therapies**  
 Techniques, protocols, optimising outcomes, combinations with lasers and EBDS

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SCAN TO REGISTER FOR  
BSLMS 2.0 CONFERENCE

## BHARAT SOCIETY OF LASER MEDICINE & SURGERY

The Bharat Society of Laser Medicine & Surgery (BSLMS) is India's premier scientific and educational body dedicated exclusively to advancing laser dermatology, Energy-Based Devices (EBDs), rejuvenative medicine, and regenerative dermatology.

Created for dermatologists and built around the evolving landscape of modern dermatologic science, BSLMS serves as a national platform for structured education, multidisciplinary collaboration, and evidence-based clinical advancement.

Our mission is to ensure that every dermatologist in India has access to the highest quality training, guidelines and innovative development in the field of Lasers and EBDs.

### WHY JOIN BSLMS SOCIETY ?



#### A Community Built for Dermatologists

Membership offers you access to the strongest professional network in India focused solely on laser, EBD, rejuvenative, and regenerative dermatology.



#### Grow Your Expertise

Gain continuous access to hands-on workshops, CME/J training, advanced procedural demonstrations, and emerging technologies.



#### Clinical Confidence Through Evidence-Based Resources

BSLMS curates guidelines, safety documents, and parameters tailored specifically for Indian skin types, helping Dermatologists make informed decisions.



#### Professional Recognition & Credibility

Members receive formal designation, certification, and listing in the BSLMS directory – enabling higher trust and visibility among peers and patients.



#### Collaborate, Research & Lead

Members participate in scientific projects, multicentric studies, and task forces that shape the future of laser dermatology in the country.



#### WHO CAN BE PART OF BSLMS?

Practicing dermatologists, Dermatology residents, Postgraduate dermatology students, and fellowship students of dermatology in the field BSLMS is a society for dermatologists, by dermatologists.

### WHO CAN JOIN:

Dermatologists (MD, DNB/ DVD)

www.bslms.com



SCAN TO BECOME A BSLMS  
SOCIETY MEMBER